

Health Check - Women's Symptom Review

Please review the symptom check list below and indicate any symptoms you are experiencing

Symptom	none	mild	moderate	severe
Hot Flashes				
Night Sweats				
Vaginal Dryness				
Incontinence				
Bleeding Changes				
Uterine Fibroids				
Water Retention				
Tender Breasts				
Fibrocystic Breasts				
Increased Forgetfulness				
Foggy Thinking				
Tearful				
Depressed				
Mood Swings				
Stress				
Morning Fatigue				
Difficulty Sleeping				
Decreased Stamina				
Anxious				
Irritable				
Nervous				
Fibromyalgia				
Allergies				
Headaches				
Sugar Cravings				
Dizzy Spells				
Cold Body Temperature				
Goiter				
Hoarseness				
Hair Dry or Brittle				
Nails Breaking or Brittle				
Constipation				
Slow Pulse Rate				
Rapid Heartbeat				
Heart Palpitations				
Infertility Problems				
Acne				
Increased Facial/Body Hair				
Scalp Hair Loss				
Weight Gain - Hips				
Weight Gain - Waist				
High Cholesterol				
Elevated Triglycerides				
Decreased Libido				
Decreased Muscle Size				
Thinning Skin				
Ringing in Ears				
Rapid Aging				
Aches and Pains				
Bone Loss				